

SUCCESS CLUB SYSTEM

DAILY BUSINESS ACTIVITY TRACKER

WEEK OF: _____ NWC ☐ Team Call ☐

MY WHY: Restate the purpose(s) supporting your coaching business

MY TARGET MARKET: Stay focused on connecting with your ideal person

1. BE PROOF THE PRODUCTS WORK	THU	FRI	SAT	SUN	MON	TUE	WED
Work out and drink Shakeology	 ☐  ☐	 ☐  ☐	 ☐  ☐	 ☐  ☐	 ☐  ☐	 ☐  ☐	 ☐  ☐

2. CONNECT, INVITE, FOLLOW UP (1 HR 40 MIN)	THU	FRI	SAT	SUN	MON	TUE	WED
Initiate connections and add followers (20 min)	☐	☐	☐	☐	☐	☐	☐
Do a social media post that showcases the benefits of your healthy lifestyle or has a call-to-action (10 min)	☐	☐	☐	☐	☐	☐	☐
Update IG/FB Story throughout the day (about 3 min to create each post) • Daily life • Workout clips • Product use (no brand name shown) • Healthy meal or meal prep • Invitation/promote group/poll or a call-to-action • Recognition/shout-out	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐	☐ ☐ ☐ ☐ ☐ ☐
Respond to all new likes, comments, or views (25 min)	☐	☐	☐	☐	☐	☐	☐
Invite ____ people (at least 5) to join a Challenge Group or learn about coaching (15 min)	☐	☐	☐	☐	☐	☐	☐
Follow up with people you've invited (15 min)	☐	☐	☐	☐	☐	☐	☐

3. GET PEOPLE RESULTS (30 MIN)	THU	FRI	SAT	SUN	MON	TUE	WED
Contribute to your Challenge Group	☐	☐	☐	☐	☐	☐	☐
Recognize achievement	☐	☐	☐	☐	☐	☐	☐
Respond to questions from customers & Coaches	☐	☐	☐	☐	☐	☐	☐

4. DO PERSONAL DEVELOPMENT	THU	FRI	SAT	SUN	MON	TUE	WED
Engage in personal/professional development (15 min)	☐	☐	☐	☐	☐	☐	☐

MY WEEKLY BUSINESS RESULTS	# of new Followers:	# of new Challengers:	# of new Coaches:	SC points:	
				this week	this month

[illegible]